

Connections Café prices from Nov. 6, 2023

As you are likely aware, we have been grappling with the escalating costs of food and supplies. In our commitment to maintain the quality and service you deserve, we find it necessary to make some adjustments. Effective November 6, we will be implementing a modest price increase on select non-essential food items. This decision was not taken lightly, but it is crucial for us to continue providing you with the high standards you've come to expect. Furthermore, in the New Year, we plan to conduct a comprehensive analysis of our costs and menu offerings. This review may lead to additional price adjustments as we strive to strike a balance between our commitment to quality and affordability. We genuinely appreciate your continued support, and we assure you that we will do our utmost to minimize the impact of these changes. Please feel free to reach out to us with any questions or concerns. Your feedback is invaluable to us. Thank you for your understanding and continued patronage.

*Unofficial list – if in doubt, the café staff are *always* right*

Baking

Cinnamon buns, scones, muffins	\$ 2.25
Limit of 3 unless pre-ordered	
Cookies	\$ 1.20

Cakes and Pies

Carrot Cake	\$ 2.25
Gluten Free Cake	\$ 2.25
Limit of 3 unless pre-ordered	
Slices (Banana Bread etc.)	\$ 2.25
Strudel and Danish	\$ 2.25
Desserts	\$ 2.25
Pie	\$ 2.75
Small tarts	\$ 1.75

Grab and Go

Fruit Salad	\$ 2.00
Whole Fruit	\$ 0.75
Fruitsations	\$ 1.00
Samosa	\$ 3.25
Sausage Roll, Meat Pie	\$ 2.75
Yogurt Parfait	\$ 3.25
Veggies and Dip	\$ 3.25
Chips	\$ 1.50
Granola Bars	\$ 1.00
Rice Krispies	\$ 1.00
Nuts	\$ 1.50
Chocolate Bars	\$ 1.75

Sides

Butter	\$ 0.25
Honey	\$ 0.25
Side of Vegetables, salad, potatoes *	\$ 2.95
* If available: consult kitchen	

Beverages

Milk to go	\$ 2.20
Juice	\$ 2.20
Soft Drinks	\$ 1.75
Coffee or Tea	\$ 1.25
Hot Chocolate	\$ 1.40
Refill	\$ 0.50
Hot Water	\$ 0.25

The following prices are not changing:

Soup

Cup of Soup 6 oz	\$ 2.25
Bowl of Soup 8 oz	\$ 3.00

Entrée

	\$ 7.50
Whole Sandwich	\$ 3.75
Half Sandwich	\$ 2.00