

Appendix D

Activity Group Reports and Highlights—December 2022

EVENTS PLANNING COMMITTEE (EPC) – 2022 SUMMARY REPORT - Submitted by Anne Ladouceur for the CHA Events Planning Committee

The Events Planning Committee was established at the 2022 CHA AGM and over the past year has organised a number of regular and special events through a number of sub-committees and support groups. The Fir/Douglas Rooms have been reserved on Wednesdays for on-going and special evening events.

ON-GOING (MONTHLY) EVENTS:

Monthly Birthdays: These have been held monthly on the last Wednesday of the month (sometimes doubled because Centre closed on the last Wednesday) with one-hour live entertainment and dancing. We began the year with 31 attendees at the Jan/Feb party and ended the year with 90 at the December party (held on 4 January 23). With references from a number of local organisations, including the Royal Canadian Legion, we have expanded the list of potential entertainers and will be trying out more of them in 2023.

Monthly Movies: In the Spring, the Events Planning Committee put together a Movies sub-committee who decided to begin offering movies one Saturday a month, which is when space was available, starting in September. Attendance has grown from 5 to 12 attendees over 4 months. Members are encouraged to suggest movies they would like to see, and the committee members will do their best to accommodate.

SPECIAL EVENTS:

International Women's Day: A small sub-committee organised 'Just Desserts' to celebrate International Women's Day in March. Guest speakers shared their personal stories, around the theme "Break the Bias" through comedy, poetry and personal stories with 23 participants. This was the first time that CH celebrated International Women's Day and the committee was very impressed with the turnout given that many of our members were still hesitant about gathering and that, because CH was just opening up after COVID, this event was put together in less than a month.

Comedy Cabaret: This event was originally scheduled for the Spring, but Murphy's Law intervened and we rescheduled it for September. Five different comics had the over 40 people attending enjoying a good laugh.

Diwali: The EPC in collaboration with a number of CH's South Asian members began planning for this event in August. The sub-committee decided to offer an evening event along with two workshops to introduce CH members to the history of the Indian Festival of Lights as well to South Asian culture and dance. The workshops were free events while 53 tickets were sold for the evening event on 19 October. The Tuesday 18 workshop was capped at 30 attendees due to space restrictions. More than 50 people attended the Saturday 22 October event.

Sock Hop: The November 16 Sock Hop featured performances by tribute artists Roy Orbison and Patsy Cline. While 50's-60's fashion was optional, many of the 90+ attendees came dressed in pink jackets, poodle skirts, saddle shoes, quiffs and ducktails

ACTIVITY GROUP SUPPORT:

CH Seniors Gay Straight Alliance Hoedown: The EPC supported the organisation of the annual Hoedown that returned this past August. Over 70 people attended the free of charge Tuesday afternoon (9 August) event

UPCOMING SPECIAL EVENTS:

Lunar New Year Events (January): The EPC brought together a group of CH's Asian members (China, Hong Kong, Taiwan, Korea and Vietnam) to organise a Lunar New Year Celebration at Century House. The group decided on two events – one on the evening of 18 January consisting of a light meal featuring 2 samples of each Vietnamese, Korean and Chinese cuisine plus entertainment and the other, a heritage dumpling making demonstration again focused on dumplings from the 3 countries listed above. Participants have the option of participating at Century House or from home via Zoom on Friday 20 January.

Murder Mystery Dinner (February) to be held on Wednesday 15 February

International Women's Day –to be held the evening of Wednesday 8 March.

Planned Spring Special Events (dates to be confirmed soon): Karaoke/Dance events, Diamonds & Denim, afternoon Tribute Artist musical event, among others.

SUPPORT WORKING TEAMS: The EPC includes work teams of volunteers that support the monthly and special events. These include the serving team, the set-up and reception team, laundry, decorating and promotion. Individual volunteers have taken on the responsibility of decorating, promotions and helping CH staff with serving at some of the special events.

THANK YOU TO VOLUNTEERS: One of the goals of the CHA Events Planning Committee was not only to offer a variety of different types of events to our members but also to bring together a wide variety of volunteers to work together, including some for whom this is a new experience, people who have never worked together before along with old hands.

YOUR IDEAS WANTED: If you have an idea for an event (regular or one-off) contact events@centuryhouseassociation.com. The EPC is planning on holding an increasing number of events in 2023 so we'd love to hear from you about what you'd like to do.

Seniors Embracing Technology (SET) – submitted by Tim Hicks, Chairperson

In 2022, SET held a successful Tech Festival called "SET Up for Life," continued to offer the popular Bring Your Own Device (BYOD) help sessions and welcomed some new members.

Snooker Club – submitted by Ted Grewcutt , Chairperson

I am still playing on the snooker team. I will try to have updated reports for future meetings as I might not be able to attend in person until league play ends.

The team plays on Wednesday mornings either at home at Century House or at other venues around the lower mainland.

We had 37 members in 2022 which is down about 25 members from our usual membership total. We are hopeful 2023 will see an increase in that number.

In October 2022 it was brought to the attention of our Century House Association liaison Frances Blake that the snooker room had been open 50 years.

Century House Association decided a celebration was in order and Joy St. John and Frances Blake immediately set out to do just that and soon after, the banners and cake were ordered and invitations went out and on November 17 2022, Century House celebrated the 50 th Anniversary of the opening of the snooker room.

A certificate of recognition was signed by Ryan Weber, Manager, Century House and Sandra Keyes, President of Century House Association.

There were approximately 50 people in attendance including Paul Minhas, New Westminster City Councillor, several snooker group alumni, players from other centers in our league, the ladies' group and people from the center.

A good time, as well as cake and coffee were enjoyed by all that attended.

A big thank you to everyone who participated and made this event happen.

We have also put our trophies and some pictures of the celebration etc. in the display case in the main lobby.

Everyone is welcome to come and play, 3 times complimentary then an annual fee of \$40.00 as well as a century house membership will be required.

The annual fee of \$40.00 is payable now.

Darts December Report– Submitted by Mile Wilson, Chairperson

No. Times Met: 5 Total Attendance: 11
Total Receipts \$ 112.95
Petty Cash Account Balance: \$32.95

Parkinson Support Group – submitted by Kathy Lynn, Chairperson

Due to the weather our group was not able to meet in December. We are, however, looking forward to meeting in January and planning our goals for 2023.

Canasta – submitted by Geraldine Harder-Anderson

In 2022 we changed the day to meet from Mondays to Fridays as some of the Canasta players also play Crib... which was a "conflict"... As yet we are a small group averaging about 7 players a week, but it is looking like we may have more players in 2023... We encourage attendance by those who wish to learn the game.

English Conversation – submitted by Wanda Madokoro, Chairperson

Facilitators continue to hold English conversation groups and look forward to expanding our in-person classes in 2023.

Bid Euchre – submitted by Mary Gagnon, Chairperson

December Report

For the month of December 2022, we had 2 playing days (the 20th was cancelled due to a snowstorm), with 24 attendances. An audit of the finances was completed, and the membership approved a donation of \$175 to Century House Association. At the the December Chairs' meeting, monitoring of Century House membership expiries was discussed. In response, a membership expiry report was created with the help of CH staff, and a copy was forwarded to Erika Nikula.

Financial Report for December:

Opening Balance: \$195.10

Total Receipts for December: \$24.00

Total Disbursements for December: \$12.00 for prizes, \$175.00 to CHA.

Final Balance: \$32.10

Bid Euchre highlights of 2022 – submitted by Mary Gagnon, Chairperson

We did not play in January or February 2022, due to the high number of covid 19 hospitalizations and deaths, resuming in March. In the 10 months of play, we had 546 participations, an average of 15 per session. A number of people have completed the lessons we offer (taught by Joan Duffy, Mary Gagnon and George Bosnick) to anyone interested in learning the game. The lessons have been successful, with some learners playing with the group and a few who have decided the game was not for them.

The new player recruitment process is helping us grow our group slowly, as some folks are no longer able to attend. The level of play is becoming more consistent – an indication that players are becoming more proficient; we also had a number of rare perfect hands which further indicates proficiency as well as confidence.

Our Group donated \$400.00 to the Association over the past year. 2022 ended on a much brighter note than on which it began. We look forward to continued enjoyment of the game of Bid Euchre in 2023.

Century House Walkers – submitted by Richard Nazarewich, Chairperson

Despite inclement weather the Walkers participated in 4 outings near and far, a total of 27 attending. Unfortunately, the weather and other circumstances permitted only one Christmas lights display site to be visited. It was, however, spectacular. The annual Lights at Lafarge has greatly expanded in area and the number of tall evergreens draped with lights including some with ornaments.

Learning Garden – submitted Joan Miller, Chairperson

Because of our rat problems in 2021 we had to redesign the garden and eliminate many of our favourite vegetables. The spring started out cold and rainy, so we were behind on planting, but the vegetables grew well once the weather warmed. We did well selling vegetables. Since the rat problem was not as serious as it was in 2021 we decided to go back to growing some of the vegetables that the rats had eaten in our design for 2023. The year ended disappointingly when our locked garden shed was broken into and an estimated \$350 worth of tools and supplies were stolen.

Wednesday Crafts 2022 – submitted by Elizabeth Christie, Gwen Dumfries and Liz Campbell

December Report

No. of times met: 2 Total Attendance: 18

Wednesday Crafts Treasurer's Report – submitted by Gwen Dumfries and Liz Campbell

Month of: December 2022

Bank Balance at end of previous month: \$ 201.25

Total Receipts for current month: \$ 54.00

Disbursements for current month: \$ 200.00 as Room Sales given to Century House

Bank Balance at end of current month: \$ 55.25

Wednesday Crafts - Highlights of 2022

No. of times met: 50 Total Attendance: 408

Wednesday Crafts members enjoy each other's company during our weekly visits, sharing many ideas and patterns. The two craft fairs were fun and gave us an opportunity to sell the items we create. We also donate hats and scarves to programs for the homeless. We are always happy to turn someone's left over yarn into something useful, whether for sale or for donation to a worthy cause.

Ukulele – submitted by Shirley Miller, Chairperson

December Report

In-person Ukulele Activity Group: meets every Thursday morning: 9:30 am to 12:00 noon

December 2022: met 4 times; attendance: 37

--Format: 9:30 to 11:30: Music from Online sources and PDF versions.

11:30 to 11:50: Break: Cafeteria is open

11:50 to 12:00: Alternate: Jumpin' Jim's Ukulele Songbooks

December was: Blue, Yellow, Yellow, Yellow,

Ukulele Zoom sessions: meets every Tuesday: 10:00 am to 11:30 am with recurring link.

December 2022: met 3 times; attendance: 18

Format: Alternate: Jumpin' Jim's Ukulele Songbooks plus online material (sharing)

October was: Blue, Yellow, Yellow, Yellow. (because we are online we do use either book but concentrate on the alternating option.)

We each take turns leading a song while the rest of us are muted.

Financial: Petty Cash: \$80.00 Bank Account: \$521.08

Petty Cash: \$80.00

Ukulele AGM Report: submitted by Shirley Miller, Chairperson

In-Person We met every possible Thursday in 2022 totalling 49 times with 624 attending. A number of us like to perform: CHUMS (Century House Ukulele Musicians and Singers.), doing a sing-a-long with the Lo-Vision Group in June and December.

There's a lot of shaking and bell ringing going on with laughter and voices ringing. We were also back with the Century House Singers for the Ringing in the Festive Season. We are looking forward to more of this combo and wish to thank Bibiana and the Century House Association for this extra enjoyable opportunity.

Zoom Ukulele Tuesdays 10 to 11:30 am, 51 times with 498 attending in 2022. This activity gives us the opportunity to lead songs in a friendly atmosphere of encouraging ukulele players. Music, another language, another means of communication that keeps our brain active, our hearts pumping with joy, adrenaline (at times), and love of life and laughter.

Badminton - submitted by Sam Li, Chairperson

Highlights of 2022

NO. TIMES MET: 99 TOTAL ATTENDANCE: 1091

Our membership increased from 18 to 35. We had a long-time member passed away in 2022. After a long Covid lockdown, some of former members returned. The new members join CHA membership because they want to participate in the badminton activities at this convenient location and the annual membership fee is very affordable. We provide with the opportunity for fun-filled exercise to the members in a friendly social setting. Everything went well and successfully. Our members observe the health and safety rules and exercise good personal hygiene practices to protect themselves and others while they are in Century House

participating activities. We had no incident/accident related to our activities. Members are so glad to come regularly to enjoy this sport. We donated \$100.00 to CHA.

Century House Players - submitted by Claudette Campbell, Chairperson

In spite of the pandemic, the Century House Players managed to meet virtually on Zoom almost every week in 2021/22, either socially or to rehearse. Thanks to the usage of Zoom through Century House the group presented several productions which were available for viewing by members on YouTube or the Clarion.

We have welcomed several new members to the group. We are pleased to announce that currently we are rehearsing for our new stage play so please join us for the May 12th evening performance or the 13th matinee.

Laundry Committee – submitted by Joyce Jackson

There is nothing much to report about the Century House laundry except we will soon be doing a complete up to date inventory of all the tablecloths that we own.

Century House Quilters Month of: Dec 2022

FINANCIAL REPORT- submitted by Dianne Ruzgaitis, Treasurer

Bank Balance as of Nov 2022 \$629.74
Total Receipts for Dec,2022 \$0.00
Total Disbursements for Dec,2022 \$0.00
Interest \$0
Bank Balance as at end of month: Dec 22 \$ 629.74
Date: Jan 9,2023

December Activity -Submitted by Laura Anstruther, Chairperson

Number of Times Met: 6 Total Attendance: 28
Highlights: We've had a great year. We are looking forward to 2023 and what it brings us, the members, and staff of Century House.

Century House Singers – submitted by Lesley Hebert and Debbie Tommila, Co-Chairperson

It is good to be up and running again this year. We are continuing to add new members. We gave a carol performance at the "Ringing in the Season" Christmas celebration in conjunction with the Ukulele group and received a lot of positive feedback. We are looking forward to adding new songs to our repertoire in 2023.

Conversational French – submitted by Pauline Joyce, Chairperson

The Conversational French Activity Group met all year either at Century House, in the park or via Zoom, depending on the weather. All members are encouraged to participate in order that our more fluent speakers get an opportunity to speak French and the beginners get a chance to practice and improve their French. We sang, played word games, and discussed various topics such as food, our vacations, current issues and just enjoyed each other's company. New members are always welcome!

Low Vision – submitted by Barb Gordon, Chairperson

Low Vision Group December 2022

8 members and 1 friend attended our monthly meeting.

Two guests of the Century House Ukele Musicians and Singers- Sonia and Lucia.

This was our Christmas meeting, and we were happy to have Shirley Miller and CHUMS to provide a singalong of Christmas music. We also had some extra treats with our coffee. The members enjoyed singing along. Possibly the weather played a factor in less than expected attendance.

Low Vision Annual Report 2022

As restrictions to prevent spread of Covid have lessened, we have been able to meet regularly this year. In addition to great guests, we have had two highlights, as I, as chairperson, see it. One was a presentation by our member Nancy and her husband, Peter, accompanied Joy and SET, in which they talked to the group about the help that can be provided to those with low vision, by their cell phones. The other was a remarkable improvement in a member's vision by extensive follow through with specialists. It's not that the aim is always to improve one's sight, as much as it is, to keep working to have the best possible situation one can, in whatever way possible.

Bursary Committee – submitted by Wenke Hogg, Vice Chairperson

2023 is the 25th Anniversary of our Committee. Last year we were able to give 3 bursaries at \$700 each; this year 3 at \$750 each. We thank everyone for providing donations which enabled these bursaries. The highlight of 2022 is that we were able to do one small fundraiser thanks to the teachers at NWSS. This year we are working on getting back to some of our regular fundraisings.

Table Tennis 2022 Report – submitted by Bob Costello and Fiona Yuen

Bank Balance on Dec. 31, 2022 \$710.00

Petty cash in hand 96.50 Total Balance \$806.50

Attendance Record: Total attendance in 2022 : 2130 Average per session: 24

Total members as of Dec. 31, 2022 : 61

PEER SUPPORT REPORT TO CENTURY HOUSE AGM for the year 2022

Peer Support is the new name for what was, formerly called Senior Peer Counsellors. The request for the name change came in February 2022 and Prospero Credit Union was finally able to record the name change on our account in November 2022. Peer Support is “Donation” driven, so, donations are now payable to Century House Association, Peer Support.

We trained 12 new volunteers in January/February 2022 and updated those who had been trained in 2019. We have five male counsellors. Peer Support provides continuing Professional Development on two Wednesdays a month. July and August are “self-care” months.

Over the past year we provided services to male and female clients. As well, there has been an increase in services provided to seniors who are over 90.

We are entirely “donation” driven and donations in 2020, 2021, and 2022, have been low, compared to previous years. Our paid coordinator/counsellor is being paid from past donations and is not paid by any government agency, municipal, provincial, or federal. Our project for 2023 is planning a “fund” raiser and delivering a nine-session program called “Aging in Place”. Aging in place will be held on Thursday afternoons in February, March and April of 2023.

For your information, all our financials are recorded in the CHA treasurer’s 2022 report handed out for the AGM.

Prepared by: P. A. McDonald, Treasurer, Peer Support

Cc: E. Philip. Coordinator, Peer Support

Cc: MaryAnn Becher, Peer Support Counsellor

