# Century House Association Activity Chairs Meeting

## Minutes for May 7, 2025

10 a.m. at Century House

- 1. Call to Order 10:00
- 2. Land acknowledgement
- 3. Adoption of agenda [Michele Buttle, Claudette Campbell]
- 4. Adoption of minutes from April meeting [Claudette Campbell, Kathy Lynn]
- 5. Guest Speaker Andrea Reimer outlined the next steps in our Strategic Plan process, specifically our May 10 workshop and a survey in the last half of May (online and hard copy). A final strategic plan will follow this iterative process and be subject to member feedback and formal approval. <u>Andrea's slideshow is here</u>.

## 6. Treasurer's Report

- the yearend numbers are still with the accountant
- the statement of income & expenses is for March because the chairs meeting is so early in the month; it shows that we spent slightly more than we took in
- the statement of accounts includes a comparison to the previous year
- the treasurer can now do reports for activity groups on request
- Motion: to receive report [Sydney McGillis, Pat Gerbrandt]

## 7. Executive Report

- Clarion correction: this month's information tour is Wed. May 21
- Chairs Elections executive will ask for feedback at the orientation sessions; chairs are asked to think about it in time for that
- Liaison reassignments list provided at meeting, also attached
- Finance Committee would welcome new members as we work on an investment plan, money management for groups, and more; if interested advise secretary@chanw.ca
- Orientation sessions for all in group leadership positions
  - Sat. May 17 or Wed. May 21, both 10-12; many chairs signed up at the meeting; others interested can advise <a href="mailto:secretary@chanw.ca">secretary@chanw.ca</a>
  - Please send questions to the above address in advance so we can address them at both sessions

- Seniors Week is June 2-7. Registration is required for some events; details are at the back of the <u>May Clarion</u> and will be in the June issue, due May 30. The week includes:
  - Monday: Intergenerational activity with students from Fraser River Middle School
  - Tuesday: Fitness classes and social time at Century House
  - Wednesday: Queensborough community social and "Geezers of Rock" dance
  - Thursday: Annual Meal event featuring live music
  - Friday: Safe City Town Hall with local emergency services
  - Saturday: Partners in Aging Resource Fair with vendors, presentations, and entertainment
- Hyack Parade May 24
  - Volunteers are needed to walk, assist, or ride in vehicles
  - it's about 15 blocks (downhill) but there's some standing around at the start; ou can get a ride back from Queen's Park
  - Participants will wear Century House shirts and carry Canadian flags
  - If you want to be in the parade, email Bill Harper or sign in at the Century House entrance in a white binder
- "New to New West" Intercultural Festival & Information Fair May 31
  - It's at New West Secondary School. We will have a booth
- Sunday Opening Request
  - təməsewtx<sup>w</sup> and Queensborough centres are open and Sundays, and we were too before COVID.
  - Re-opening on Sundays requires a formal request to the City
  - MOTION: to support the Executive Committee, which will create a letter for submission to the City. [Ted Grewcutt, Pat Gerbrandt]
- 8. Standing Committee Reports:
  - Bursary
    - Three winners were selected from 11 finalists; their names remain confidential until NWSS holds its ceremonies in June.
    - A trivia contest May 14 should bring in \$300-400
    - Motion to receive [Wenke Hogg, Kathy Lynn]
  - Governance
    - The Committee met 3 times in April to respond to CHAE requests to review proposed policy wording and to comment on the work to date of the Ad Hoc Committee on Activity groups.
    - The CHA Policy Handbook has been updated to the end of January 2025.
    - Motion to receive [Curt Albertson, Barb Gordon]
  - Events:
    - See below
    - Motion to receive [Louvaine Kadonaga, Pat Gerbrandt]

#### Communications

- This committee held its first full meeting April 15. It will oversee and plan for the Clarion, the website, Keep in Touch, information tours, use of the city mailing list, and more. Next up: a welcome piece for new members
- It has jumped right in with meetings with City staff about the Clarion and also removal of the crown from the city logo. We have already changed the logo on the website, and will provide it to everyone who uses the CHA logo (if you do, please contact secretary@chanw.ca)
- Motion to receive: [Trudi Hampel, Curt Albertson]

## 9. Staff Report - no report this month

## 10. Activity Group Highlights

- Parkinson's Support: the Parkinson Society Award has been given to our group, with praise for the support from Century House
- SET the first open session in the new computer lab is Nay 8 from 10–noon, with another on May 20. The group hopes to increase the frequency of these sessions as demand permits. Suggestions: post a schedule and/or an expression of interest signup list
- Blood Pressure the group will have a table at the Resource Fair but no clinic
- Players reminder of the performances May 22-24
- Ukulele June event planned with Low Vision and Notable 90s, and a performance at the Thrift & Craft Sale June 14
- Singers: May 28 performance at Edmonds Community Centre; alas, no room for an audience
- Notable 90s: 14 members enjoyed a speaker from the city gardening team; next up is a speaker from Irving House
- Peer Support (CHAPS) new volunteers being trained will bring total to 18
- Low Vision had CNIB at the April meeting and will have a table at the Resource Fair
- Square Dancers looking forward to being in the parade; they will reconvene Sat. May 31
- Tue. Line Dancing 26 people in current session, until June 23; off for the summer
- Walkers going to Bowen Island in June; 16 walkers in April, with an increasingly social core

NOTE: Hannah and Tim would both like to know if you are taking a summer break, with the dates.

- 11. Question Period no questions
- 12. Inspirational Quote Debbie Tommila
- 13. Next Meeting: June 4; no meeting in July
- 14. Adjournment moved at 11:48 [Kathy Lynn, Claudette Campbell]

Attachments: Agenda, Minutes, liaisons list

Thanks to Norman Daykin of SET, who recorded the meeting, then used ChatGPT to turn it in to a document that was useful in preparing these minutes.

## **Events Planning Committee Report**

The Events Planning Committee's April evening dance party, K-Tel Classics with Dan Hare was not as well attended as we had hoped, which was too bad because it was an excellent show. From the feedback forms, those who attended had a great time. We will not be having a mid-month evening event in May.

On the other hand, we are reaching capacity every month for the birthday parties. We're often sold out more than a week before the registration deadline.

The Events Planning Committee volunteers are supporting a number of upcoming events including the Strategic Planning workshop on Saturday May 10<sup>th</sup> and the Players on Friday May 23<sup>rd</sup> and Saturday May 24th. We are also supporting a number of events during Seniors Week, June 2-7. We're sponsoring a dance evening with a band called The Proper Geezers. Yes, we appreciated the band name. This event is free of charge for CHA members, on the evening of Wednesday June 4<sup>th</sup>. We're also partnering with the city the next night, for the Meal Meet-up, which will feature entertainment by Ranj Singh as well as photos of seniors living active, hopeful lives. If you have photos of your members participating in your group's activities, we'd love to have a copy. We'll be posting a selection on the wall. If you have photos you'd like to have us consider, please leave them either at the desk or email them to events@centuryhouseassociation.com.

For the resource fair on the Saturday 7<sup>th</sup> June, we're hoping to have a video showcasing seniors participating in your group's activities. We'll be outreaching to a number of you regarding the video, but do let us know, again at <a href="mailto:events@centuryhouseassociation.com">events@centuryhouseassociation.com</a>, if you want be involved in the video or if one of you can record it yourself.

Related to this topic, we are looking for individuals who would like to take photos or videos for Events Planning and also for some creative volunteers who can work on graphics for some CHA events.

We are always on the look-our for more volunteers for our different crews – refreshment, reception, data entry, emcees, etc.

Louvaine Kadonaga CHA Events Planning Committee