

Century House Association Activity Chairs Meeting

Minutes for September 4, 2024

Executive: Anne Ladouceur, Bill Harper, Curt Albertson, Tim Hicks, Marilyn Remus* (* via Zoom)

Staff: Erica Mark, Silisha Ali, Hannah Glavin

Groups: Badminton, Bid Euchre, Blood Pressure, Bursary, Carpet Bowling, Conversational English, Cribbage, Current Affairs Discussion, Darts, Events, French*, Governance, Learning Garden, Low Vision, Parkinsons, Peer Support, Pickleball, Players, Quilting, Readers, SET, Singers, Table Tennis, Ukulele, Walkers, Wed. Crafts*

Absent: Artists, Bingo, Bridge, Canasta, Court Whist/Whist, Dragons, Keep In Touch, Line Dancing, Mahjong, Notable 90s, Scrabble, Snooker, Squares, Tue. Crafts

Call to Order 10.00 a.m.

Land acknowledgement [Tim Hicks]

Adoption of agenda [Kathy Lynn, Claudette Campbell]

Adoption of minutes from August meeting [Donna Milligan, Kathy Lynn]

President's Report

- Activity Group Start Times: While some groups have gotten in to the habit of starting early because their room has been set up early, all groups must go by the start time given in the Clarion and should not deny entry to anyone who arrives at the stated start time. If a group wishes to change their start time, they should advise their liaison who will find out if that is feasible or not.
- Police Info Checks - It's all to protect us. Checks apply only to volunteers, not all members. Checks are valid for five years; staff will remind us when they have expired. Staff do not receive any information or details about any applicant. There is no charge to volunteers and no need for a visit to the police station
- Scanning –
 - tapping in on arrival at any time is not feasible with the system we have
 - after tapping, please wait for the desk person to capture which group you're going to
- We welcome volunteers to do the Land Acknowledgement or Inspirational Quote at future chairs' meetings; if interested contact any executive member
- The November chairs meeting is open to all members. If you have an idea for a topic please tell Anne Ladouceur or your liaison ASAP.

Treasurer's Report

- Pat explained the arrangement to have investment interest go into high-interest savings
- A typo in the Statement of Financial Position will be fixed and a fresh version sent with the minutes; Motion to receive with the correction [McDonald, Lynn – carried]
- Pat noted that we seek volunteers to develop a reserve fund policy; an active or retired accountant or lawyer would be ideal
- We are still looking for a new treasurer to train with Pat and then stand for election in January

Parkinson's Support Group

- Kathy Lynn explained the importance of exercise in Parkinson's care
- **Motion:** grant up to \$2500 to fund 40 weeks of a Parkinson's exercise program [Kathy Lynn, Barb Gordon – carried]

Century House Association Peer Support

- Elizabeth Philip gave an overview of the CHAPS volunteer work and its support from Mary Ann Becher, citing workshops and volunteer training. She reviewed their recent funding sources and current need.
- **Motion:** to restore the annual funding request for the years 2022 to 2024 at the current rate of \$4,000 per year for a total of \$12,000. [Elizabeth Philip / Kathy Lynn – carried]
- **Motion:** to authorize payment of \$8,000 to organize a Training Program for new Peer Support Volunteers in the fall of 2024. [Elizabeth Philip / Barb Gordon – carried]
Discussion noted that this request is expected to return every two years.

Standing Committee Reports:

- Bursary – reminder of Trivia event Sep. 18
- Events – providing support to trivia event; singers performance in October; hoping to do an afternoon Murder Mystery event in November; volunteers will be welcomed
- Governance – reminder re new handbook, now [available online here](#)
- Clarion – see handout
 - City and privacy rules make it difficult to put names on photos.
 - We want to get away from “ask at the front desk” by putting contact information in Clarion announcements; so please keep your group's contact information up to date. To protect your privacy we will soon provide information on using email aliases.
- Thrift & craft sale – handout?
 - We will have t-shirts for volunteers, and new posters soon for publicity
 - We prefer cash, and we'll have a Sep. 10 information session for cashiers
 - The Ukulele group will play in the lounge
 - The sale needs volunteers for cleanup
 - Hannah reminded chairs to check their inboxes for notices of cancellations required to make the sale possible

Staff Report

- We're gearing up for fall, doing a strategic plan review, and expanding some CH programs to other locations
- New hire Ricardo will help with volunteer support (and dance lessons!)
- Our new Community Connector, Judy, has 55 clients already, including some who had been supported by Port Coquitlam's connector.
- A United Way grant allows the city to offer social meals; marketing materials will appear soon
 - Mondays 3-5 p.m. in the lounge we'll have community connection sessions with coffee, baked goods, and people from around New West
 - Tuesdays the 50+ lounge at tāmasewtx^w will offer soup & bannock lunches
 - Some Thursdays will have social meals, with Sep. 12 a BBQ at Moody Park
 - Fridays we'll have dance lessons

Activity Group Highlights

- Parkinson's group walk is Saturday Sep. 7 at Moody Park
- Walkers especially enjoyed a recent visit to White Pine Beach
- Blood Pressure group is looking into having a December clinic
- Players will perform Nov. 29-30 and seek volunteers to assist
- Line Dancing now has two groups to accommodate demand; people can't be in both
- The Discussion Group's chair, Judith Bogod, just had a short story published [in the NW Record](#)

Inspirational quote (Debbie Tommila)

Next Meeting: **Wednesday October 2**

Adjournment 11:40 a.m. [Pat McDonald]