



**CENTURY HOUSE ASSOCIATION**  
**OPEN CHAIRPERSONS' MEETING**  
**MINUTES**



**DATE:** Wednesday, November 6, 2019  
**TIME:** 10:00 am  
**LOCATION:** Spruce Room  
**ATTENDANCE:** 24 CH Members / 6 Executive / 2 Staff

**1. General Welcome – Carole**

- Carole welcomed everyone to the meeting with “It’s a beautiful day in the neighborhood”.
- Regrets from Audrey Soroka and Robyn McGuinness.
- Chairperson Meeting Minutes from October have been posted on the bulletin board.
- Motion to accept the minutes by Jeannine Hyndman and Seconded by Elizabeth Christie, AIF, Carried.

**2. Treasurers Report – Betty**

- The monthly Budget Update is posted on the member’s bulletin board when it is completed.
- Betty reviewed the Profit/Loss Statement for the month:

	Month	YTD
Total Income	3,064.07	43,484.56
Total Expense	2,220.69	41,800.11
Net Income(Loss)	843.38	1,684.45

- Betty acknowledged Gloria Haug (the Treasurer Support person) for all her help in preparing the monthly statements.
- Thanks to Sunday Dance Committee who contributed \$1000 to the Association.
- Fantastic results from Craft Sale. These are draft totals as Betty is waiting for the Kitchen to submit their numbers. We’re getting better every year.
  - Total Net Craft Sale 2019 = \$11,343.25                      For 2018 = 10,440.35
- Working with Staff and Front Office to put better procedures in place for Activity Groups and how they access their group’s money bags. Currently there is no way of knowing who accessed a money bag and for what purpose. Process will be updated for January.
- All groups have homework this month; please review your group’s account totals on the Activity Total Sheet.

### **3. Guest Speaker – Rob Hughes Topic: “Seniors Care Committee Project”**

- In October 2017, the Senior Gay Straight Alliance at Century House established a committee to investigate the issue of senior LGBTQ2S+ care in New Westminster. A number of meetings took place with various Provincial, Community and Health officials in order to introduce the project, receive endorsement and clarify goals. The following goals were established:
  - To raise awareness in New Westminster of the specific concerns and challenges of senior LGBTQ2S+ residents living in care;
  - To encourage and assist care facilities and service providers to develop policies and practices that will provide a safe, inclusive and supportive environment for senior LGBTQ2S+ residents living in care.
- The Senior’s Care Committee Project developed a survey to send to the seven(7) care homes in New Westminster. These were delivered during January to April 2019 and all seven care homes responded.
- The results were tallied and the Committee made a number of observations. Our role was not to tell care homes what to do, or to write policy, but rather provide feedback on what we observed with respect to care for senior LGBTQ2S+ in New Westminster.
  - Intake Process: not every care home has taken into account inclusivity regarding intake.
  - Training: The Senior’s Care Committee might play a role in facilitating one or more care home staff to access the QMunity Queer Competency Training Program. As the cost may be an issue, perhaps a joint training program could be set up to include a representative from each of the care homes.
  - Policies: There is an opportunity to help care homes expand and extend their Code of Conduct and Workforce Harassment & Bullying policies to ensure they address LGBTQ2S+ concerns and challenges.
  - Outreach: There is an opportunity to provide support / outreach regarding intake forms, significant dates in the LGBTQ2S+ calendar, engagement with the LGBTQ2S+ community and setting up of a Senior Gay Straight Alliance in each care home.
- Conclusion: It is our hope that the report will both educate and motivate those who read it to take follow up actions so that future LGBTQ2S+ seniors in care are able to live fully and openly.

### **4. Executive Committee Update**

1. Steve Kellock: Visited the group to make the announcement that Robyn McGuinness has decided to retire and handed in her resignation before leaving on vacation. Parks and Rec are looking into making some changes for that position and will keep us updated.
2. CHA Website Update – Carole
  - Tim Hicks is in the process of converting the website to the “new look”. He will keep us updated as the changes happen.
  - Tim will be looking into managing the Face Book site in the future.
3. Safety for Activity Groups when outside CH – Carole
  - Century House has Liability Insurance which covers a groups activity while outside of Century House.

- If an injury happens, an Incident Report must be filled out. Reports are available at the Front Office.
  - Emergency First Aid Kits will also be available at the Front Office. Suggestion was made to review what's in the kits and possibly have St John's First Aid attendants do a review. There was also some interest in having a First Aid Course made available to members.
  - Questions around Drivers came up. Liz provided the following information: If you are driving members to an event, you must submit the Designated Driver info to Liz Twaites. The insurance covers the driver while driving from Century House to the event location. It does not cover being a taxi for members and driving them home.
4. Remembrance Day Service – Frances
- This is the first year that CHA will lay a wreath at the ceremony. Rob Wilson or a Cadet will lay the wreath.
  - Health Drop-In will be getting a new Blood Pressure Unit so the BP clinics will continue on the 2<sup>nd</sup> Tuesday of every month 2:00-3:00, next clinic Nov. 12<sup>th</sup>.
  - Thanks to everyone who donated jewelry to the Craft Sale and Thanks to everyone who supported the sale.
5. Christmas Festivities – Carole
- See the Clarion for a list of events. Don't forget the Christmas Lunch (Thursday Dec. 5<sup>th</sup>) which will be served by your executive. Tickets are on sale now.
6. Seniors Advisory Committee – Carole
- The City's Advisory Committees are currently in transition. Good news is that the Seniors Advisory Committee will remain in place. The President of the Association will continue to have a seat at the table.
7. Year-end Donations – Carole
- Just a reminder that it's time to be generous. There are tax advantages to making donations to Century House. Donations can be made: In memoriam, to a specific Activity Group or to the General CHA Fund.
8. SET Update (Seniors Embracing Technology) - Joy
- Tim Hicks gave a talk on Cloud Storage in October which was well attended and a great success. A second session is being planned.
  - Currently offering a session on iPhone Basics: Nov. 12 1:00-2:00pm. Also offering a session on "If This Phone is so Smart" on Nov. 14 6:00-8:00pm.
  - Coffee with a Cop (Constable Bowyer): Next meeting is Nov 26<sup>th</sup> 1:00. Everyone welcome. Check with Front Desk for room.
  - Looking for someone to teach basics on Android phone. Please contact Joy St. John if you are interested.
  - Going to Library in November to do Train the Trainer for teaching Tech Courses.
9. Nominations Committee Update - Elizabeth
- We're coming up to the end of the year and it's time for the Nominations Committee to start their planning for the New Year. The 2019 Nominations Committee members are: Elizabeth Philip, Annette Oakes and Marg McKee.
  - The date for the AGM 2020 is: Jan 8<sup>th</sup> @ 10:00. There will be more information in the Clarion in December.

- The Nominations Committee looks after filling any vacancies on the Executive Team and encouraging members to take on leadership roles on the Executive. The philosophy at Century House encourages members to assume leadership roles and to actively participate in operational decisions regarding activities and services being offered at the centre.
- There are currently 2 opportunities on the Executive Team:
  - Third Vice-President
    - As a member of the executive team you will be involved in planning and supporting activities and events at Century House as well as being a liaison for various activity groups. Access to a computer and ability to use email is required.
  - Secretary
    - The role of Secretary is very important to our Executive and the Association. The Secretary “knows all”. If you enjoy organizing meetings and taking minutes, then this is the place for you. Access to a computer, ability to use email and working knowledge of Word and Excel is required.

## COFFEE BREAK & SOCIAL

## ACTIVITY GROUP REPORTS

### **BADMINTON – Paul Ma**

- Met 9 times in October; attendance – 141
- Average of 4 tables each week and are still teaching and giving lessons on Thursday at 1pm. We donated \$100 to Century House on Oct. 8/19.

### **BID EUCHRE – Ralph Flett / Lois Reid**

- Met 4 times in October; attendance – 56
- Average of 4 tables each week and are still teaching and giving lessons on Thursday at 1pm. We donated \$100 to Century House on Oct. 8/19.

### **BURSARY – Wenke Hogg**

- Met once in October; attendance – 5
- We’ve had our 1<sup>st</sup> meeting of the school year. No decisions yet on how many bursaries for this year. A reminder that we also accept donations.

### **CARPET BOWLING – Jeannine Hyndman**

- We met 5 times in October, attendance – 83
- Even though we only bowled 5 times we still had 83, we even had some players on vacation. I also missed times when I was ill. I’m really proud of my players. We also have new players that started this month.

### **CENTURY DRAGONS – Bev Bickert**

- Met 8 times in October, attendance – 120
- First paddle for 2019 season was Wed. Oct 30<sup>th</sup>. Dressed up for Halloween, after photos back to New West for dinner in a local restaurant. Goal setting for the year 2020 was held Oct 7/19.
- Christmas Bake Sale: Wed. Dec 4<sup>th</sup> 10-2, in the entrance.

### **CENTURY ARTISTS – Marriette Leppert**

- Met 5 times in October, attendance – 60
- Purchased canvases in Sept. for Craft Fair contribution. Frames and canvases were donated – sold to artists.

**CENTURY HOUSE SINGERS – Shirley Bakker**

- We met 3 times in October; attendance – 84
- On Oct 8/19 we went for our sing out at Queen’s Park Care Centre and were well received by the residents and staff at the facility. WE are scheduled to go back on Dec. 10<sup>th</sup> and are currently practicing for this event; already singing some Christmas songs in preparation.

**CONVERSATIONAL SPANISH – Michael Anthony**

- Met 4 times in October; attendance – 50

**COURT WHIST – Earl Christensen**

- Met 5 times in October; attendance - 60

**CRIBBAGE – Lorie Quick**

- Met 5 times in October; attendance – 77

**DIY FRANCAIS – Pauline Joyce**

- Met 4 times in October; attendance – 40
- This past summer our “professor” moved from the area. We were left with no one fluent enough in French to assist with pronunciation or grammar. I am pleased to announce that Lucille Taylor a recently retired French teacher has joined our group. She is very personable, energetic and knowledgeable and an asset to the group. We are pleased to have her.

**DRAMA – Claudette Campbell**

- Met 4 times in October; attendance – 45
- Don’t forget to come to the Golden Age Theatre presentation, Fri. Nov 29 at 7:00pm or Sat. Nov. 30 at 1:00pm. This year we have 3 plays: The Obstacle, Never Too Late and Gladys and Gloria’s Cannabis Adventure.

**FITNESS & FUN – Barb Merrett**

- The Century House Fitness Program has classes for every age and ability and continues to be successfully characterized by the collaboration of both older, long-term members and newer members joining their ranks
- This is evidenced by the cooperation seen when planning and executing our two socials. The Strawberry Tea in the Spring and the New Year Pot Luck in January.
- Our Bake Sales has become increasingly successful as all of our members show their commitment and enthusiasm by combining to volunteer as bakers, sellers and buyers. Reaching out to CH programs also validated that community spirit is alive and well at Century House. We asked and we received – Thank you everyone!

**KEEP IN TOUCH (October) – Annette Oakes/Mary Hernandez**

Condolences – 3	Get Well – 2	Thinking of You -
Brother of Sarjit Brar Alice Davidson (sister of Jeanne Nightingale Wayne McDonald (Olga’s husband)	Bhanna Saklikar Shirley Model	

**LEARNING GARDEN – Donna Mackay**

- Garden Sales are closed for the winter. Shirley is doing much better than she first expected. We’re hopeful to have her return. Our last meeting was making wreaths for the Craft Sale.

**LOW VISION – Barb Gordon**

- Met 1 time in October attendance – 13 Members, 2 Spouses, 1 Caregiver

- Our guest was Lueen Morrison from the New West Public Library. She talked about the programs for visually impaired such as home delivery of discs for talking books, large print books etc. Several of our members are already receiving home visits from her. Prepared for selling raffle tickets at the Craft Sale for our basket.

**MAHJONG – Luna Acedillo**

- Met 4 times in October; attendance – 63
- There’s one addition to our group. We’re definitely growing. 2 or possibly 3 players will soon be taking lessons.

**MEMORY CORNER – Pat Dunnnett**

- Met 1 times in October; attendance – 6
- The Memory Corner is celebrating its 20<sup>th</sup> Anniversary. In November we will be displaying Tea Sets. We appreciate your support and welcome your ideas and suggestions. We are also looking for your donations for the cupboard, which will be returned to you.

**PICKLEBALL – Patty Jackson**

- Met 8 times in October; attendance – 156
- Special thanks to Joy, who shared who shared an email with the Executive that I send out on Oct. 3<sup>rd</sup>. It reminded our members of our group number and that we also continue to invite and accept new players from the membership of Century House. This is the primary reason we loathe “capping” the group size. We remind players to be selective of the time they come to play, as our numbers will not drop in 2020. The possibility of additional play time (Sun pm) would be appreciated and well used.

**QUILTING – Laura Anstruther**

- Met 8 times in October; attendance – 48
- In October we were busy getting projects done for the Craft Fair. This month we will be busy creating more Christmas projects as we sold most of our items at the fair. It is our most successful sale in our time. Thank-you for getting raffle tickets early. We sold over 100 before the Craft Fair!

**SENIOR PEER COUNSELLING (SPC) / Volunteer Visitors (VV) (September) – Christine Mottershead**

- SPC met 4; attendance – 56 / VV met 1 time; attendance - 4
- We had a successful table at the Seniors Festival. Volunteers from both SPC and VV Visitors manned our table and got our message out to a lot of people. Things are settling down, as far as logistics go. All 23 SPC and 7 VV are now working with clients. Our referrals and coming from a lot of our SIAN: Fraser Health, NW Hospice, Alzheimer Society, Doctors, Family members, Care Homes and by Individuals.

**SOCIAL BRIDGE – Pete McConville**

- Met 4 times in October; attendance – 46

**SQUARE DANCE – Jim Brown**

- Met 3 times in October; attendance – 80

**WALKING GROUP – Cecile Wood**

- Met 4 times in October; attendance – 54

DATE		ATTENDANCE	
Oct	4	10	Burnaby Lake North
	11	16	Glenbrook Ravine
	18	14	Trout Lake
	25	14	Port Royal (Q2Q Ferry)

**WEDNESDAY CRAFTS – Gwen Dumfries**

- Met 5 times in October; attendance – 61
- Busy getting ready for the Craft Fair.

## WHIST – Earl Christensen

- Met 5 times in October; attendance – 88

### 5 Staff Reports

- Kevin:
  - Come out and try Tie-Dying a T-shirt for the Swinging 60's Dinner coming up on Nov. 13<sup>th</sup>. Cost for T-Shirt is \$5:00.
  - Cal's Karaoke Nov. 23<sup>rd</sup>
  - Special Event: Korean Youth Orchestra performing on the first Saturday of December. This event is not in the Clarion.
- Liz:
  - Seniors Festival: Thanks to all volunteers to help make the festival such a success. 38 Volunteers and 11 youth volunteers helped out.
  - Craft Fair: Thanks to all volunteers to worked the week leading up to the Sale and during the Sale.
  - A Charity was lined up to pick up some leftover stuff from the Craft Sale on Tuesday, but didn't show up. Looking for volunteers to take boxes to any local charity.
  - Looking for Volunteers to help with decorating tables on Dec. 10<sup>th</sup> @ 2:00, before the Christmas Dinner.
  - Looking for Volunteers to help go through all the Christmas decorations and make decisions on what is still usable. November 14<sup>th</sup> 3:30, contact Liz. This is in preparation for Deck the Halls.

### Inspirational Quote: Elizabeth Philip

Yesterday is history, tomorrow is a mystery and today is a gift.  
That's why we call it the "present".

**SAVE THESE DATES (Get full description of these events and more in the monthly Clarion or at <http://www.centuryhouseassociation.com/>)**

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- ◇ **2019 REMEMBRANCE DAY SERVICE - November 11, 2019 @ 10:25 am 12:00 pm.** New Westminster City Hall, 511 Royal Avenue. Outdoor service at Cenotaph located in front of City Hall, 511 Royal Avenue. This years' service acknowledges and commemorates the experiences and contributions of Indigenous peoples in the wars.
- ◇ **Swinging Sixties Dinner – November 13, 2019 Happy Hour @ 5:00, Dinner @ 6:00.**
- ◇ **Your Journey When Anticipating More Care – Home Health to Residential Care - November 14, 2019 @ 1:30 pm-3:30 pm - Century House:** The Fraser Northwest Division of Family Practice, in partnership with the Fraser Health Authority, invite you, as an older adult, family member or substitute decision maker, to learn more about your journey when anticipating a move into long term care.
- ◇ **Deck the Halls – November 20<sup>th</sup>, @ 3:30 – 6:00**

- ◇ **Poinsettia Sales** – November 25<sup>th</sup>, as long as supply lasts
- ◇ **CENTURY HOUSE GOLDEN AGE THEATRE: Friday, November 29 - Doors open at 6:30 pm, Play at 7:00 pm / Saturday, November 30 - Doors open at 12:30 pm, Play at 1:00 pm.** Tickets: Members \$8.00 / Non-member \$10.00
- ◇ **Century Dragons Bake Sale** – Wed. December 4<sup>th</sup>, 10:00 – 2:00
- ◇ **Christmas Lunch** – Thurs Dec. 5<sup>th</sup>, 11:30 – 1:00 Served by Executive
- ◇ **Christmas Dinner with Coro Cantare Choir** – Tues. December 10<sup>th</sup> , Happy Hour @ 5:00, Dinner @ 6:00
- ◇ **Yulelog Dinner & Langley Ukulele Ensemble** – Wed. December 18<sup>th</sup>, Happy Hour @ 5:00, Dinner @ 6:00